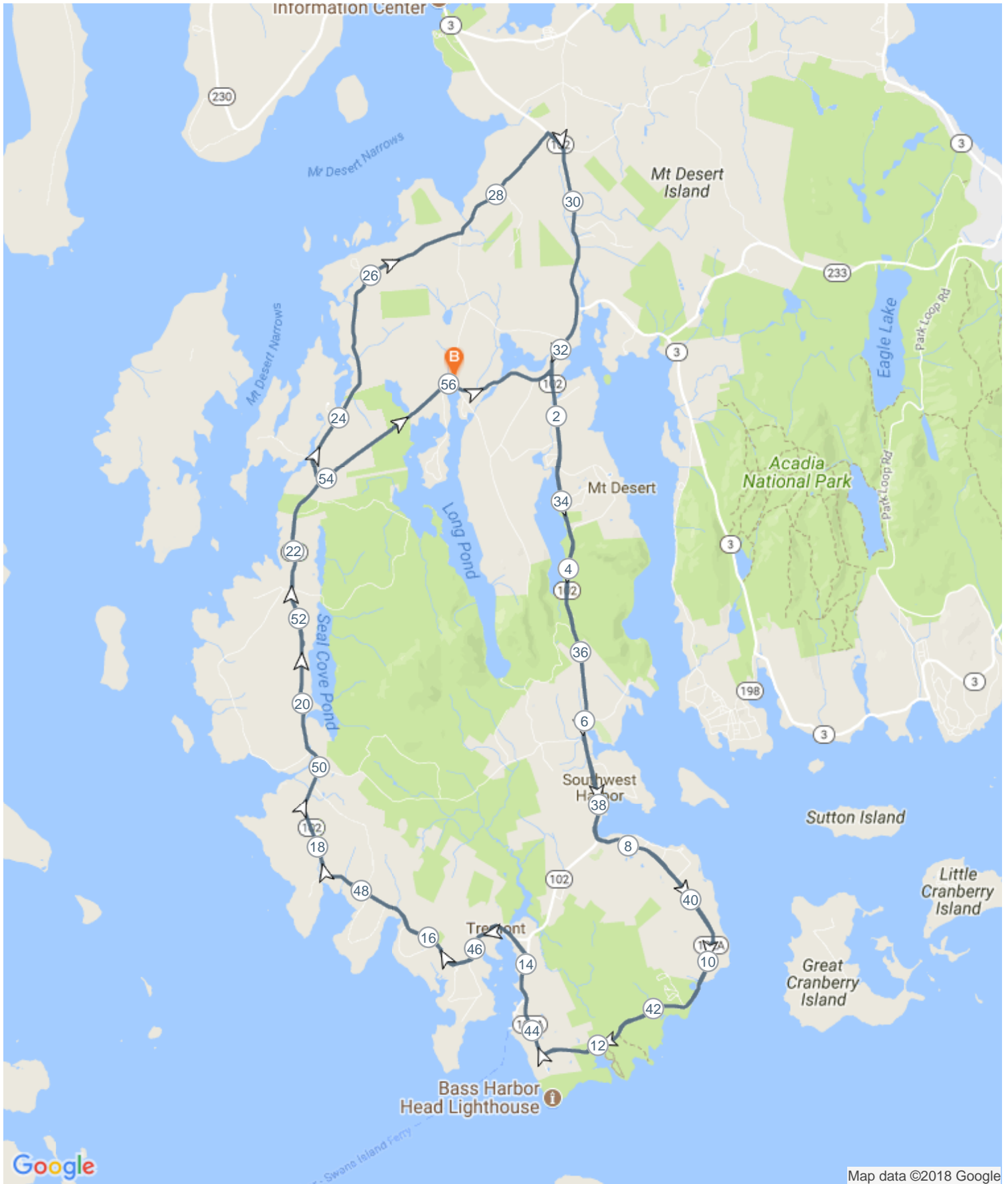


Acadia Half Iron Triathlon Bike Route (56.076 miles)



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start on Whitney Farm Rd
2	0.011	←	Turn LEFT onto Pretty Marsh Rd
3	1.415	↘	Turn RIGHT onto Route 102
4	7.569	↖	Turn LEFT onto Route 102A
5	14.082	↖	Turn LEFT onto Flat Iron Rd
6	23.047	↙	Turn LEFT onto Indian Point Rd
7	29.045	→	Turn RIGHT onto Route 102/198
8	38.465	↖	Turn LEFT onto Route 102A
9	44.978	↖	Turn LEFT onto Flat Iron Rd
10	45.253		Turn LEFT onto Route 102
11	53.944		Turn RIGHT onto Pretty Marsh Rd