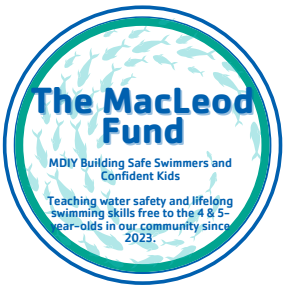
Member Newsletter – March 2026

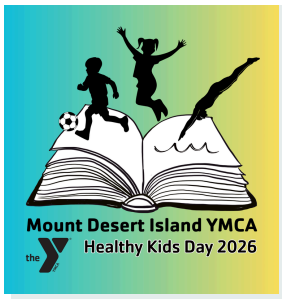


The MacLeod Fund for free swim lessons now covers 4- and 5-year-olds! Since 2023, the MDI YMCA has been able to offer a free session of (7) swim lessons to families through the generosity of our donors. We are thrilled to announce that we are now able to give a free session of lessons to all 4- and 5-year-olds! Use promo code FREESWIMLESSONS at checkout or let the front desk know when registering in person.

Extended Fitness Center Access is Here!
For an extra $10/month, adult members can now access our fitness center through a new School Street entrance from 4:00 am- midnight. Our personal training staff can also train clients during this expanded time, making workouts more convenient. See the front desk to get signed up today.

Save the Date- 3rd Annual Fundraising Event

The MDI YMCA is excited to host its 3rd Annual Fundraising Celebration on July 16 at the Bar Harbor Club. This special evening brings together members, supporters, and friends of the Y to celebrate our shared commitment to strengthening the MDI community. Our past two celebrations have been nights of community connection and generosity. Last year's event raised nearly $174,000 through sponsorships, a silent auction, and a paddle raise, helping support vital YMCA programs. This year's event will once again offer a memorable evening while raising important funds that help the YMCA continue its mission of building community, promoting wellness, and ensuring access to programs for people of all ages and backgrounds.
We hope you will join us for a night in support of the MDI YMCA.



Gently used sports gear clean-out! Please drop off your used sports gear at the Y through May 8.
Then join us on Healthy Kids Day, May 9th, for a sports gear swap, a 1-mile fun run/walk, an activity fair, and pool fun with family swim and our Wibit pool obstacle course. The event is free and open to the public and will run from 9:00 am - 12:00 pm.

Upcoming Events

3/27 Kid's Night Out ages 3-12 5:30-8:00 pm
3/28 Flattop 5k run/walk 9:00am hosted by DEFY & MDIY (applications at the Y)
3/29 Wibit Pool Obstacle Course in the Y pool 10:00 am-12:00 pm. $10/user over age 6 and 43" tall.
4/2 FREE Easter Obstacle Course 3:30-4:15 and Egg Swim 4:15-5:15pm

Meet Kevin

Kevin Johnson has been leading Group Cycle classes at the MDI YMCA for a little over a year, bringing great energy and motivation to every ride. He teaches Mondays and Wednesdays from 7:30–8:15 a.m., creating a positive environment where members can challenge themselves and improve their fitness. "Leading spin has been very rewarding to me, by connecting with members and constantly challenging myself to deliver a positive and physically beneficial class," Kevin says. Group cycle is a low-impact, self-paced group exercise option for people of all levels of fitness. Great for building cardiorespiratory fitness and lower body strength, this music-based ride simulates hills with intervals of effort and resistance. We offer morning and evening classes to fit into your schedule.

Group Cycle Schedule:
M/W: 7:30–8:15 a.m.
Tuesday: 5:30–6:30 a.m.
Thursday: 6–7 a.m.
Friday: 7:30–8:15 a.m.

Summer Camp is over 75% full already! Reserve your child's weeks of fun now at mdiymca.org Scholarship available through the Jackson-Sullivan fund. State subsidies accepted.