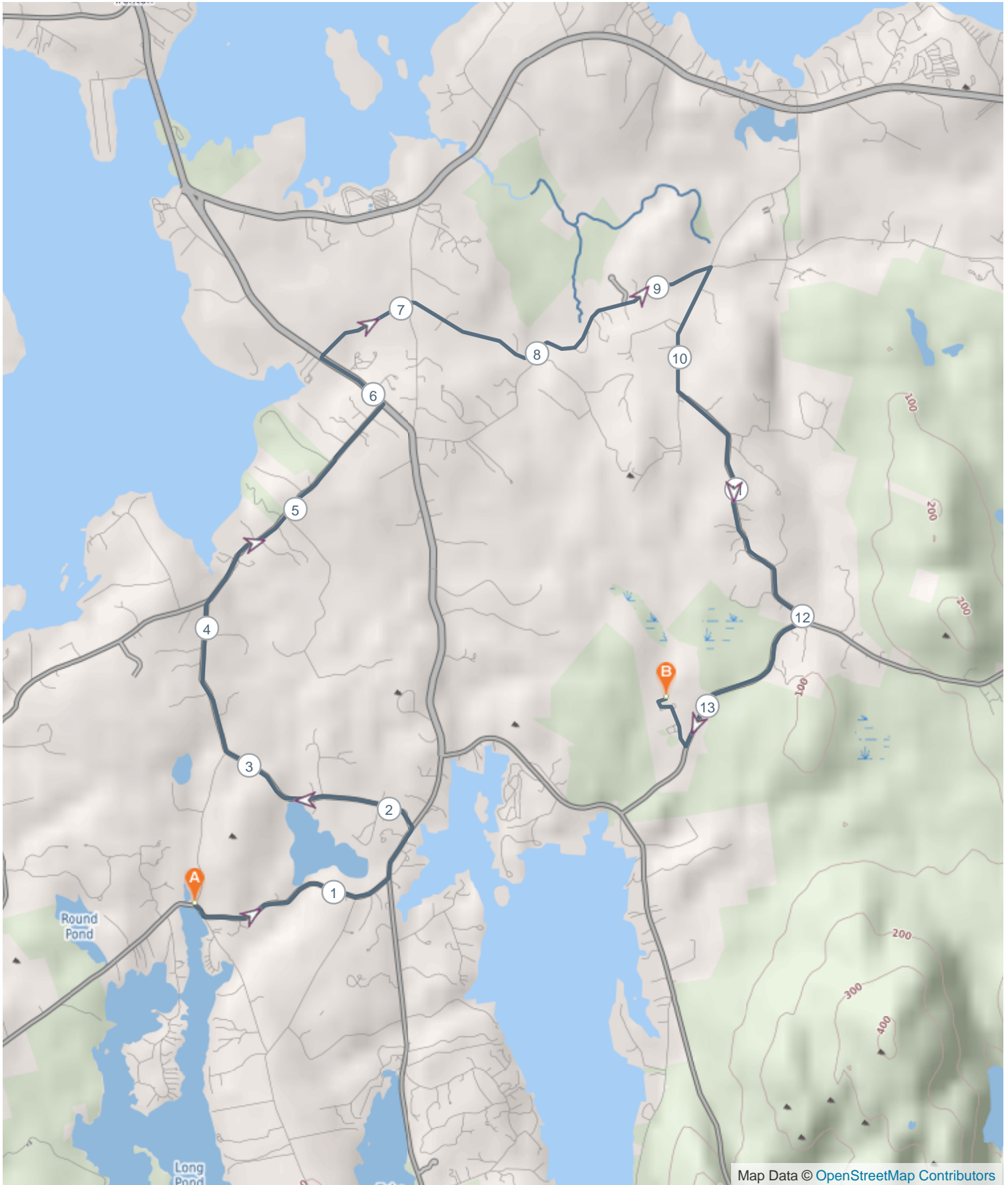


Acadia Half Iron Triathlon Run Route (13.737 miles)



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		START on Whitney Farm Rd
2	0.002	←	Turn LEFT onto Pretty Marsh Rd
3	1.411	↖	Turn LEFT onto Route 102
4	1.780	←	Turn LEFT onto Oak Hill Rd
5	4.157	↗	Turn RIGHT onto Indian Point Rd
6	5.896	←	Turn LEFT onto Route 102
7	6.391	→	Turn RIGHT onto Gilbert Farm Rd
8	9.380	↘	Turn RIGHT onto Norway Dr
9	10.231	↖	Bear LEFT to stay on Norway Dr
10	12.084	→	Turn RIGHT onto Eagle Lake Rd
11	13.302	→	Turn RIGHT to enter MDI High School
12	13.690		FINISH on track