

Lenny DeMuro Pool Schedule MDY YMCA

Lenny DeMuro Pool Schedule MDI YMCA

Lap Swimming Times

March 15th-21st

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Times	Saturday	Sunday
5:30 - 5:45am						5:30 - 5:45am		
5:45 - 6:30am	Lap ⁴ 5:45-8:30	Lap ⁴ 5:45-8:30	Lap ⁴ 5:45-8:30	Lap ⁴ 5:45-8:30	Lap ³ 5:45-7:00	5:45 - 6:30am		
6:30 - 7:00am						6:30 - 7:00am		
7:00 - 7:30am					7:00 - 7:30am			
7:30 - 8:00am					7:30 - 8:00am			
8:00 - 8:30am					8:00 - 8:30am			
8:30 - 9:00am						8:30 - 9:00am		
9:00 - 9:30am	Lap 4 lanes	Lap ³	Lap ³	Lap ⁴	Lap ⁴	9:00 - 9:30am		Lap ³
9:30 - 10:00am		Lap ³				9:30 - 10:00am		
10:00 - 10:30am	Lap ²	Lap ⁴	Lap ²		Lap ²	10:00 - 10:30am		
10:30 - 11:00am		Lap ²				10:30 - 11:00am		
11:00 - 11:30am	Lap ⁴	Lap ⁴	Lap ⁴		Lap ⁴	11:00 - 11:30am		
11:30 - Noon				11:30 - Noon		Lap ³	LG Break	
Noon - 12:30pm				Noon - 12:30pm		LG Break	Lap3	Lap3
12:30 - 1:00pm	12:30 - 1:00pm							
1:00 - 1:30pm	Lap ⁴		Lap ²		1:00 - 1:30pm			
1:30 - 2:00pm					1:30 - 2:00pm			
2:00 - 2:30pm						2:00 - 2:30pm		
2:30 - 3:00pm	Lap ³ 2:45-4:15		Lap ³ 2:45-4:15		Lap ³ 2:45-4:15	2:30 - 3:00pm	LG Break	
3:00 - 3:30pm						3:00 - 3:30pm		
3:30 - 4:00pm						3:30 - 4:00pm	Lap ³	
4:00 - 4:30pm						4:00 - 4:30pm		
4:30 - 5:00pm						4:30 - 5:00pm		
5:00 - 5:30pm		Lap ³ 5:00-5:45				5:00 - 5:30pm		
5:30 - 6:00pm	Lap ³		Lap ⁶	Lap ⁶ 6-7:00	Lap ⁶	5:30 - 6:00pm		
6:00 - 6:30pm						6:00 - 6:30pm		
6:30 - 7:00pm	Lap ³	Lap ⁵	Lap ³	Lap ⁵	6:30 - 7:00pm			
7:00 - 7:30pm					7:00 - 7:30pm			
7:30 - 8:00pm					7:30 - 8:00pm			
8:00 - 8:30pm						8:00 - 8:30pm		
8:30 - 9:00pm						8:30 - 9:00pm		

The Superscripts, ^{1,2,3} indicate the number of lanes available for each activity.

Updated 12/29/09 5:55 pm

Blocks of time are available for private rentals. Check @ Member Service Desk for pool closing due to rentals