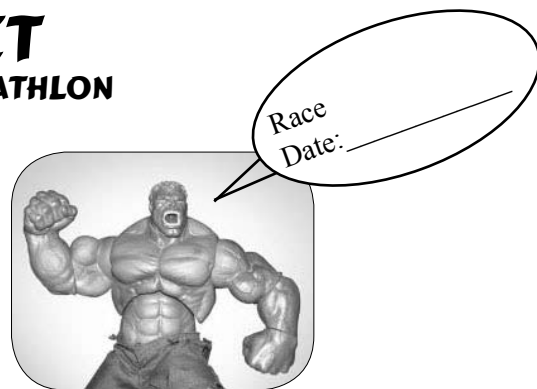




# TIMING SHEET

## FOR MDI Y-NOT! INDOOR TRIATHLON

February 1st - April 25th, 2010



I am competing as a/an:

- Iron Man/Boy     Iron Woman/Girl     Male Team     Mixed Team  
 Family Team     Business Team     Female Team

1. Iron Person's Name *or*

Team Swimmer's Name: \_\_\_\_\_ Swim - Time: \_\_\_\_\_ Lifeguard Initials: \_\_\_\_\_

2. Team Biker's Name: \_\_\_\_\_ Bike - Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

3. Team Runner's Name: \_\_\_\_\_ Run - Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

Walk (*instead of run*) Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

**Events must be completed in the order as they appear above. Participants must be in a standstill position when timing begins!**

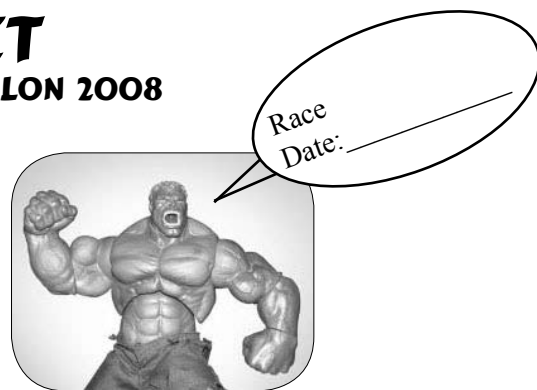
Team Name: \_\_\_\_\_



# TIMING SHEET

## FOR MDI Y-NOT! INDOOR TRIATHLON 2008

February 1st - April 25th, 2010



I am competing as a/an:

- Iron Man/Boy     Iron Woman/Girl     Male Team     Mixed Team  
 Family Team     Business Team     Female Team

1. Iron Person's Name *or*

Team Swimmer's Name: \_\_\_\_\_ Swim - Time: \_\_\_\_\_ Lifeguard Initials: \_\_\_\_\_

2. Team Biker's Name: \_\_\_\_\_ Bike - Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

3. Team Runner's Name: \_\_\_\_\_ Run - Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

Walk (*instead of run*) Time: \_\_\_\_\_ Y Staff Initials: \_\_\_\_\_

**Events must be completed in the order as they appear above. Participants must be in a standstill position when timing begins!**

Team Name: \_\_\_\_\_