Saturday, September 18th, 2010
33rd Annual Mount Desert Island YMCA

Bar Harbor Bank & Trust
Half Marathon

Sponsored by: Bar Harbor Chamber of Commerce

www.bar-harbor-hotels.com

THIS FORM IS FOR WALKERS/ WALK JOGGERS

Race Features: The USATF Certified Half Marathon (ME-90005-GN) takes place on beautiful Mount Desert Island & Acadia National Park and is a major fundraiser for the MDI YMCA in Bar Harbor. Proceeds help provide scholarships to individuals who otherwise couldn't afford to participate in YMCA programs. The challenging loop course starts and finishes at the MDI Y. Nine miles of the route span Acadia's car-free carriage roads. Splits at 1,5,10 mile markers; water stations (5) every 2-2.5 miles; refreshments; finish times; post-race massage therapy. This race is part of Eden Athletics Race Series which is sponsored by Jack Russell's Steakhouse. *Race starts at 7:30am for walkers/jog walkers.*

Restrictions: By request of Acadia National Park officials, this race is limited to 400 runners. Because this is an important part of our scholarship program and annual campaign, please respect the fact that the fee is non-refundable or transferable. No baby strollers or dogs on course.

Packet Pick-up: Friday September 17th, from noon – 7:00pm at the MDI YMCA. Packets are no longer available the morning of the race. For alternate pack pick-up arrangements, contact Lisa Tweedie, Race Director at 207-288-3511 or fitness@mdiymca.org

Pre-Race Pasta Dinner: Friday, September 17th, 5:30pm-7:30pm. Venue: TBA. Delicious buffet dinner: Dinner included choice pasta, salad, bread, non-alcoholic beverage and dessert. Adults $12 ($15 at door). Children $6 ($10 at door).

THIS FORM IS FOR WALKERS!!!!!!!!!!!!!!

_____ _____ _____ _____
Print Name Date of Birth Age on race day Sex

_____
Mailing Address

_____ _____ _____
City State Zip Code

_____
Phone

_____
E-mail for confirmation on entry, updates on events & new about next years event

I want a T-Shirts (technical) YES / NO

T-Shirt Size (if yes): S M L XL

Important Information **MUST READ & SIGN BELOW!**
In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release and discharge the MDI YMCA, Eden Athletics, Jack Russell's Steakhouse, Bar Harbor Bank and Trust, and the other sponsors for all claims of damages, demands and actions whatsoever in any manner arising or growing out of my participating in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and verify and am physically fit and sufficiently trained to participate in this event. I also understand that the fees are non-refundable/ transferable.

_____
Signature (Parent's if under 18)

For registrations postmarked or received **prior to** June 15th:

MDI YMCA Member: $40 =$_____

Non-MDI YMCA Member: $45 =$_____

For Registrations postmarked **after** June 15th:

MDI YMCA Member: $50 =$_____

Non-MDI YMCA Member: $55 =$_____

_____
Friday Night Pasta Buffet (optional):

Adult Buffet Ticket: $12 x _____ =$_____

Youth Buffet Ticket: $6 x_____ =$_____

I would like to donate to the MDI Y (optional): =$_____

_____

Total Amount Enclosed: =$_____

Fee is non-refundable/non-transferable – this is major fundraiser for the MDI Y

Download course map!
www.mdiymca.org
Click special events
Half Marathon

Return completed form and makes checks payable to:
MDI YMCA
Attn: Half Marathon
21 Park St., Bar Harbor, Me 04609
Lisa Tweedie, Race Director:
207-288-3511, fitness@mdiymca.org